Junior Section

Our club encourages juniors to learn how to play the game safely and competitively by making coaching available on a group or one to one basis from the age of 4 through to 19, and entering teams into the local leagues.

Junior Coaching

Junior Coaching is held on three days, so there should be a day and session suitable for all juniors

Weekend sessions on Saturday and Sunday mornings are led by our Head Coach, Tim Delderfield, with coaching support from Robert Dunford. We also run coaching sessions on Wednesday after school led by Katie Winterstein and Robert Dunford.

All our coaches are England Squash qualified.

Timings are:

Saturday:	10:40 to 11:40 and 11:40 to 12:40
Sunday	09:40 to 10:40 and 10:40 to 11:40

Wednesday 4:00pm to 5:00pm

The 2017 session will commence on Saturday 7th January and run for 13 weeks.

The cost of junior coaching is £4 per session for members or £5 for non-members, payable in advance for the whole term on the first week of coaching, or pro-rata if joining part way through. If you are new to the club or to training then please come along for a free taster session. Cheques are payable to Tring Squash Club.

Contact Details

If you have any questions on the above, please contact Tim Delderfield on 07500 938522 or email tringjuniorsquash@dunford.uk.com

County Leagues

Currently Tring Juniors play in Hertfordshire inter-club leagues.

Tring U11s won 2016 Herts Junior Club 2nd Division championship.